

Epiphany Star

October 2011

Sisters and brothers.

September was a month of learning for me. I had some new and wonderful experiences, as well as some sad ones and, in reflecting on them, I am reminded how much we have to learn from the happy, sad and unexpected things that happen in our lives. I'm also coming to realize how often I take opportunities in stride, without remembering how they can help me grow.

As you may know, I did some traveling during the month. One of my dearest friends is living in Germany for a while. The fact that she's the mother of Steve's and my godchildren made me even more anxious to go and visit – I couldn't go without seeing "my babies" for 18 months! So I spent eight days with them, visiting and seeing the sights. It was my first trip to Europe, and I didn't know what to expect. We spent most of the time in Munich, where my friends live. Among the things I learned there: most Muencheners speak at least a little English, and are very kind about answering questions and helping out non-German-speaking Americans; the subway system in Munich is very easy to navigate, as long as you remember the name of your stop; and Germany is very, very old, and has some beautiful architecture and scenery. Oh, and children grow up way too fast, and you can never hug them enough!

My friend thought it would be a good idea to go to Italy for a day or so, since we were in the neighborhood. Here are some things I learned on that adventure: Venice is beautiful, though very "touristy", and it's sad to think that the water will overtake it someday; pizza and gelato take on a whole new meaning when you have them in Italy; and a 6-hour train trip from Italy to Germany can sometimes take 19 hours. And 19 hours on a train is a long, long time.

The trip was bittersweet, however, and I found myself distracted by some issues at home. Before I left, one of our dogs became very ill. When I said goodbye to her at the vet's office before I left, I truly thought it would be for the last time. Of course, that made it hard to get on a plane to another country! She has improved since then, and is home, though we still aren't sure about her prognosis. But while I was away, another member of our furry family – our dog, Chloe - developed a sudden and serious illness, and we had to say goodbye to her the day after I returned. Steven and I were devastated, but we knew that it was the last act of love that we could give her, to end her pain and suffering.

I learned, or re-learned, a great deal from those experiences as well. I've been reminded that animals trust us to the end, and in the end, we have to put their needs before ours. I've learned that our companion animals trust us to do the right thing, even when the right thing is hard. And I've learned that it's easy to take for granted the empathy and unconditional love that animals have for us when we're sad or hurting. The rest of our crew has been gentle and sweet as we grieve Chloe.

But here's what I learned, or learned again, most of all during the month. I have been reminded over and over what a wonderful, loving place Epiphany is. And I've learned at an even deeper level, just how dear each one of you is. You celebrated with me as I was able to make a trip to see people I love dearly. You handled everything from an amazing day with Bishop Curry, to rain at Riverfest, with grace and fun and a sense of humor. And you gave Steven and me such love and comfort in the loss of our beloved companion, Chloe, and in Laurel's illness. I have no words to tell you how much you all mean to me and how grateful I am for each of you. I've learned all over again that God has called me to exactly the right place at this time in my ministry, and has blessed me deeply with such an amazing congregation. I thank God for all of you.

Blessings and peace,

Mother Linda

Habitat For Humanity

Habitat for Humanity will begin using volunteers on October 1, 2011 on our 18th house located 503 Greenwood St, Eden! Please come out and volunteer and help us raise the walls on our energy efficient house!! Work hours will be 9am-1pm. If you have any questions, please call me at [336-627-0160](tel:336-627-0160) or on my cell [336-453-5005](tel:336-453-5005). Thanks and I look forward to seeing each one of you there!!

Punch on the Lawn

We have all enjoyed the opportunity to visit and share stories about grandbabies, trips, and any event we wish to gibber about. We will have punch, coffee and snacks in Moncure Hall after the 11 o'clock service. This time is in addition to the Sunday school coffee time. We do love all opportunities to eat, so please plan to join us each Sunday. We need volunteers to help, please contact Meg McGuire for more information or to volunteer.

Fall Youth Gathering (youth of all ages) November 4 – 5th

Rosser's Family Christmas Tree Farm, Elk Creek, VA

Overnight in renovated farm house at Christmas Tree Farm, evening meditative walk and communion.

Saturday we will be biking on the Virginia Creeper Trail.

Everyone is invited for all or some

Everyone is invited to come enjoy the fun and relaxation with us.

For more information on the farmhouse go to: www.rosserchristmastrees.com

For more information on the Virginia Creeper Trail go to: www.vacrepertrail.com

Contact Vicky Petty or Teresa Martin if you have questions or are interested in coming with us.

Happening #57 (for high school youth) November 11 – 13th

Camp Walter Johnson, Denton, NC

Registration is open now thru October 31st.

Bishop's Ball (for middle and high school youth) December 9 – 11th

Camp Walter Johnson, Denton, NC

Registration open now thru November 28th.

Memorials

In memory of Rosemary Miller by,

David McElwee

Jeff Bushardt

Patrick White

Kevin Cage

Terry & Theresa Blevins

Dr. Roy C. & Elaine Turner

Dr. James H. Eggleston

Rex & Judy Rouse

Anonymous

Zane & Howard Mizell

In memory of Guy Buckle by,

Holly & Chris Dumaine

Cheryl & Tim Jenkins

We would like to thank Dr. Robert & Diane M. Vaughn for donating a Paschal Candle for our altar.
Thanks to Steve and Jo Sherwood for donating Communion Linens for our altar in honor of Mike Redman.

Remembering Rosemary Miller and other Epiphany Saints

I was saddened to receive the news of Rosemary's passing while visiting my sister in South Carolina. She and Dr. Miller were very much a part of my childhood at Epiphany during the 60's. I remember a particular Bible school – circa 1964. The theme and curriculum centered on a rodeo round-up, replete with props such as lasso ropes, chaps, cowboy hats and other rodeo paraphernalia... quite exciting for a boy of 6 or 7! Our slate of excellent teachers included Rev. & Mrs. Charles Cook, Ruth Davis, Hilda Lewis, Ann Lucas, Rosemary Miller, Norma Parker, Nancy Ragsdale, Ruby White and Lucille Williams. Our very worthy and lovely assistants, then coming of age, included Susan Ford, Bonnie Hubbard, Margaret Lamar, Diane Miller, Page Nelson and Beth Williams. And savor these slices of nostalgia: Bible school lasted six days, culminating in a pageant and most of the more than 50 children attending received perfect attendance badges. Thanks Rosemary and all you other saints, for making Epiphany a wonderful place for children! *(by Mark Parker)*

Columbarium & Memorial Garden Projects

Over the past several months, the Columbarium Committee moved forward with three projects. The projects (listed below) filled a variety of needs for the Columbarium area.

1. Installation of the Columbarium & Memorial Garden Granite Sign.
2. Concrete Walkway - created handicap accessibility and appearance enhancement.
3. Landscaping and planting of the Rose Garden.

To further enhance the area at the property line (facing Monroe Street); the Committee approved a property line plant screen of West Coast Skip Laurels. The laurels will have an upright growth habit of approximately 6' with a spread of 4'. The laurel privacy screen will aid with the view and the overall appearance of the property.

Donations of \$25.00 for each laurel may be made in memory of or in honor of a loved one. Donation envelopes will be available Sunday, October 2nd.

Epiphany's Columbarium is a tranquil and welcoming garden providing a quiet place for visitation and meditation. The Columbarium Committee is dedicated to the preservation and beautification of this hallowed ground. *(by Jo Sherwood)*

Lector & Layreaders Schedules:

Oct 2: Gene Burns
Ginny Sharrow & Babby Dineen
Oct 9: Ted Fix
Ben Tucker & Rob Martin
16: Charlotte Maness
Mack & Mary Jane McKinney
23: Wayne Seymour
Mike Redman & Charlotte Maness
30: Ginny Sharrow
Ginny Sharrow & Babby Dineen

Acolytes:

Oct. 2: Team 1
Oct. 9: Team 2
Oct.16: Team 1
Oct. 23: Team 2
Oct. 30: Team 1

Many thanks to all that participated in Riverfest . Epiphany had a booth, it was a rainy weekend. We appreciate you being there or supplying baked goods to support Epiphany!

Cooperative Christian Ministry
(CCM)

CCM helped 36 families in the month of August with utilities and the purchase of food for our food bank. Our expenses were \$4,226.15 and income \$4,469.24. CCM Food Bank distributed bags of food to 145 families (238 adults and 132 children) in the month of September. We are in need of canned food items. Please remember Epiphany is a sponsor of CCM, we appreciate any donations to help support this program. Your donations are tax deductible.

CCM Food Bank is always in need of

Cereal
Crackers
Canned meats
Peanut butter
Jelly
Macaroni & Cheese
Cookies
Canned vegetables
Canned fruit

Giving from the abundance of our blessings.

167th Anniversary & Bishop Curry

If you were not here on Sunday, September 11th, you missed an amazing anniversary celebration. Bishop Curry was with us on that day to help celebrate the 167th anniversary of the founding of the Episcopal Church of the Epiphany. The inspirational message he brought was about forgiveness. It was especially appropriate as we marked the 10th anniversary of the attacks of September 11, 2001. It also was a special day for Ernie & Lavonne Hunter, Ellen Garrett and Rachel Wright. Ernie & Lavonne were received and Rachel and Ellen reaffirmed their Baptismal. After the service everyone met in Moncure Hall for a delicious potluck luncheon. Many thanks to everyone who helped make the day so wonderful.

Word of thanks!

Dear Church family,

This is to thank so many of you for your beautiful acts of kindness during my recent stay in the hospital and afterward while I convalesced at home. The cards, the food and the visits meant more than you can imagine. I am most thankful, however, for all the prayers. They surely helped to bring forth the measure of healing that has been mine in recent weeks. God bless each of you and God bless Epiphany.

Love and Peace,

Mark Parker

St. Francis of Assisi Quote

If you have men who will exclude any of God's creatures from the shelter of compassion and pity, you will have men who will deal likewise with their fellow men.

Sunday, October 2nd we will have "Blessing of the Animals" 4:00 pm at Epiphany.

CARING FOR CREATION

In the U.S. alone, we use around 100 billion plastic grocery bags every single year. While some cities have banned the bag, most of us aren't lucky enough to live in a town that's nixed those ubiquitous, flimsy grocery bags.

Here are some practical and crafty ways to use those bags over and over, and you can share your favorite ways to reuse plastic bags in the comments.

- 1. Carry Dirty Clothes** – Stick a plastic grocery bag into your suitcase to tote home your dirty clothes while you're on vacation. It's nice to be able to separate your clean clothes from dirty ones, and this lets you do it without taking the plastic bag that most hotels provide.
- 2. Make "Plarn"** – You can cut those bags up and make a ball of plastic yarn for use in all sorts of knit and crochet projects. How cool would it be to upcycle a flimsy plastic bag into a well-made, crocheted one?
- 3. Fuse It** - You can use your iron to turn those plastic bags into durable fabrics.
- 4. Scoop the Litter Box** – Flushing cat litter is a bit controversial, since cat waste contains toxins that's harmful to aquatic life, and unfortunately, scooping is a fact of life for cat owners. You've got to put that smelly litter somewhere. You're probably using a plastic bag already, so you may as well RE-use one instead.
- 5. Stash One In the Glove Box** – If you or someone in your family is prone to car sickness, you can keep a plastic grocery bag in the glove box, just in case you're not able to pull over in time to avert disaster.
- 6. Take to Concerts** – Amphitheater shows and multi-day music festivals come with a lot of waste, and the trash and recycle bins seem to always overflow by the end. Instead of piling your empties on top of an overflowing bin, use a plastic grocery bag to take your recyclables home at the end of the show.
- 7. Remove Dog Waste** – It's only polite to pick up after your pet, and many areas even provide disposal areas for dog waste. Rather than grabbing the plastic bag provided, you can re-use a plastic bag that made its way into your house.
- 8. Use Them Again** – It may not be as fancy as pulling out a canvas grocery tote, but if you've got a bunch of those plastic bags around the house, bring them to the store to tote another load of groceries home.
- 9. Line a Paint Tray** – Next time you're painting a room, use a plastic bag to line the paint pan, rather than a disposable plastic pan liner. It takes less plastic, and it's reuse to boot!
- 10. Cushion Valuables** – Whether you're packing to move or storing breakables in the attic, you can wrap them up in plastic bags to cushion them against damage.
- 11. Protect Paint Brushes** – If you're taking a break from painting, you can wrap the brush in a plastic bag to keep it from getting dry and hard. Just stick the wrapped up brushes into the fridge until you're ready to get back to it.
- 12. Line Small Trash Cans** – Reuse a plastic bag to line small trash cans, like in the bathroom, instead of buying new plastic can liners.
- 13. Save Energy** – Instead of sand, you can stuff a draft stopper with plastic bags.
- 14. Donate Them** – Places like libraries and food banks often need bags.
- 15. Protect Plants From Frost** – Protect your plants from a freeze by wrapping them securely in a plastic bag overnight and removing the bag in the morning.
- 16. Save Shoes in Your Suitcase** – When you're packing for a trip, stash your shoes in a plastic bag, so they don't dirty up your clothing.
- 17. Ship It** – If you're mailing something fragile, wrap it in plastic bags instead of new bubble wrap.
- 18. Protect Your Knees** – Tie a couple of plastic bags around your knees to add some padding while you're working in the garden.

If worse comes to worst, you can also recycle those old plastic bags, instead of sending them to the landfill. Stores like Publix, Target, and Lowe's will often take plastic bags for recycling. Make sure you call the store before you show up with a haul, though, since that policy can vary from town to town.

Stewardship

“And when we look about and see all we have, why not ask God to reveal to us how better we might use or share what we have... as our way to serve God.” *The Rev. Dr. John H. Westerhoff*

Church of the Epiphany Fall Schedule
Sunday 8:30 & 11:00 am services w/ Holy Eucharist
Wednesday 6:00 pm Centering Prayer
Youth Group 6:30 pm
Choir practice 7:00 pm

Altar Flowers for October 2011

2: OPEN
9: OPEN
16: Otis Hutcherson
23: Ruth Sherwood
30: OPEN

Note: The amount for altar flowers is \$58.50 if purchased through the church.

If you would like to memorialize or honor someone consider providing the Aumbry candle, which hangs over the altar. Call or email Betty in the church office 623-9410 if you are interested.

Please remember in prayer: Helen Frenette in the loss of her son-in-law Jeff Carlton. The family of Rosemary Miller. Becky Reamey, Nancy Martin, Arnold McKinney, Gene Davis, Buena Martin, Jack Richardson, Barry Blay, Delight Beck, Charlotte Tulloch, Vickie Byrd, Mark Parker, Grace Atkins, Allison, Victoria, Betty Weiss, Charlotte Maynor, Jennie, Melvin Garner, Ridley Smith, Ann & Bobby Shelton, Jim Garner, Zane, Penny Horsley, Garner, Joanne, Anne, Cora. All the men and women of our armed forces at home and abroad (especially your servants Ed Wilson, David Kallam, Lloyd Payne, Eddie Sullivan, Charlie Fosbroke, Michael Sumner, Frank Caparulo, Jr., Rob Bunnell)
(Names will remain on the prayer list for 4 weeks, if they need to remain longer please call Betty in the office 623-9410 or email her to let her know.)

Also remember our homebound:

Grace Atkins (Well Spring, GSO),
Charlotte Tulloch (home)

Prayer Chain

For Prayer Chain information or to put someone on the prayer chain, call Zane Mizell at 623-6631 or the church office: 623-9410 Thank you!

Altar Guild for October:

Judy Rouse

Next Vestry Meeting is scheduled for Monday,
October 10, 7 pm

Meals on Wheels:

Epiphany is scheduled for October 3, 4,
31 & Nov.1

Birthdays & Anniversaries

Judy Rouse:	Oct. 1
Maria Wilson	Oct. 1
Joe Sherwood	Oct. 3
Cindy Miller Baker	Oct. 6
Shirley Reid:	Oct. 9
Joshua Petty:	Oct. 12
Ed & Laurie Wilson	Oct. 13
Kenette Miller Robertson	Oct. 13
Rod Horsley:	Oct. 15
Ron & Becky Minichello:	Oct. 16
Helen Knight:	Oct. 16
Harry Clyde Wilson	Oct. 16
Martha Tucker:	Oct. 17
Garry Cox	Oct. 18
Randy Cresenzo:	Oct. 23
Giles Hunnings	Oct. 23
Emma Bunnell:	Oct. 25
Barbara Lentz:	Oct. 26
Mary Ann Barbour:	Oct. 26
Kelly Horsley:	Oct. 27
Meg McGuire:	Oct. 27
Jimmy Ivie:	Oct. 28
Jeff Seymour:	Oct. 29

If you don't see your name listed for the birthday / anniversary month or listed incorrectly, please call Betty in the church office (623-9410) so we can correct our information.

The first and third Fridays of each month, meet at the Lord's Pantry on Bridge St., to unload a food truck. This is one easy way to help in your community. We meet at 4pm. Please help out!

The non-designated offering on the first Sunday of each month is given to the Rector's Discretionary Fund to help those in need in our community.

Epiphany is a sponsor of CCM. Please remember to bring non-perishable items to place in the red wagon for our food bank. Thank you for your contributions.

Upcoming events:

Sunday, October 2, St. Francis Pet Blessing
4:00 pm
Monday, October 31, Hallows Eve

Each Sunday Coffee & snacks to be served in Moncure Hall following the 11 am service. Please join us!
(We need volunteers to do coffee after the 11am service, also for October 9th, and then the first and second Sundays of every month.
Please contact Meg McGuire for more information or to volunteer.)